

SpaFit

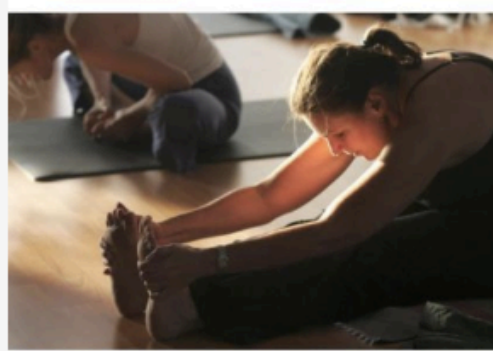
BY JESSICA PERALTA

March 06 - 2013 3:31 PM

Wellness is about balance, and to that end, [Spa Gregorie's](#) has created the perfect package. SpaFit package includes a one-hour massage of your choice and a free pass to a nearby yoga or fitness studio, including Jabulani Yoga, Kaia F.I.T., Pilates Plus, Newport Beach Athletic Club, Athletes Choice gym, Curves, or YogaWorks Mission Viejo.

So get in a little workout and a little relaxation and your body will thank you.

The package is available at all Spa Gregorie's locations for \$100.



[enlarge](#)

STEVE K. ZYLIUS/ORANGE COUNTY REGISTER

[See archived 'Blogs' stories »](#)